

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Anel Swann**

Has successfully participated & completed the

**13km Shift Wellness - Trail Run, The Shift Series**

held at Walter Sisulu Garden.

**TIME 02:09:40**

**PACE 09:57/km**

**GENDER 43 of 70**

**OVERALL 113 of 149**

**40 - 49 19 of 28**

23 June 2019, Sun

Date



*BoutTime*

Signature

